

USEFUL LINKS & INFO

With the world of fungi being so vast, we understand how difficult it can be to find relevant information scattered across the web. That's why we've put together a curated list of cool people, articles, facts, and other mushroom-related content.

This list is here to offer you a mushroom experience as diverse as the fungi kingdom itself! Our hope is that it'll ignite your curiosity and hand you the keys to unlock the weird and wonderful realm of mushrooms - no magnifying glass or lab coat required!

INTERESTING AND COOL PEOPLE

- **MERLIN SHELDRAKE** - [Merlin Sheldrake](#) is a biologist and author known for his research on fungi and their role in ecosystems. He holds a Ph.D. from the University of Cambridge and is the author of the bestselling book *Entangled Life*, which explores how fungi shape the natural world and influence life on Earth.
- **PAUL STAMETS** - [Paul Stamets](#) is a renowned mycologist, author, and advocate for the power of fungi in ecological restoration and human health. He has authored several influential books on mushrooms, including *Mycelium Running*, and is a leading expert on medicinal and environmental uses of fungi. Stamets has dedicated his career to studying fungi's potential for healing both humans and the planet.
- **GIULIANA FURCI** - [Giuliana Furci](#) is a Chilean mycologist and founder of the Fungi Foundation, the first organisation in the world dedicated to fungi conservation. She is a leading voice in mycology, working to promote fungal education, research, and protection of fungal biodiversity. Furci has been instrumental in advancing fungal conservation efforts globally and is an advocate for recognising fungi as a critical component of ecosystems
- **DAVID HIBBETT** - [David Hibbett](#) is an American mycologist known for his pioneering work in fungal phylogenetics. He has used molecular techniques to map the evolutionary relationships of fungi, particularly mushroom-forming fungi. Hibbett's research has greatly advanced the understanding of fungal diversity and evolution, and he is a professor at Clark University.

INTERESTING MUSHROOM STUFF

- [Largest mushroom in the world](#) (it's MASSIVE)
- [Fantastic Fungi](#), interesting movie on all-things mushrooms (personally, we would have added "And Where To Find Them" to the title)
- [Video showing Stephen Axford](#), a fungi photographer, and his amazing creative process
- [A very well written \(and free\) documentary](#) on the world of mushrooms researched by scientist Leila Pattison
- [10 Curious Facts About Mushrooms](#) delivered from the highbrow halls of the Royal Horticultural Society
- [How mushroom act as the world's cleaners](#) and how they can tidy up some of the mess we leave behind

- How scientist Alexander Fleming discovered penicillin, a life saving antibiotic that saved millions of lives and derives from mushrooms
- A cool example of bio data sonification (fancy term for making music from plants through their electrical impulses)

INTERESTING READS

- The Future is Fungi - Michael Lim and Yun Shu
- Entangled Life - Merlin Sheldrake
- Mycelium Running - Paul Stamets
- How to Change Your Mind - Michael Pollan
- Mycophilia - Eugenia Bone
- Medical Mushrooms - Christopher Hobbs
- The Health Benefits of Medicinal Mushrooms - Mark Stengler
- Medicinal Mushrooms: A Clinical Guide - Martin Powell
- Lingzhi: From Mystery to Science - Shibin Lin
- Food of the Gods - Terence McKenna

FINAL NOTES

This is just some of the fun stuff we uncovered while deep-diving into the world of mushrooms, but there's a whole lot more sprouting up every year! So, if you stumble across something cool, feel free to shoot us an email at hello@sagesupplements.uk to help this list keep growing - just like a mushroom after a rainy day.

A quick note on psilocybin and psychedelic mushrooms: you might find them mentioned in a few books or articles here. Don't be deceived by the trippy characterisation of The Sage on the Mountain, we're neither for nor against them. We just invite you to do your own research and make up your mind based on your individual life experience, which is ultimately the most valid evaluation method we have!

